



CHURCHTOWN INSTITUTE
Advanced Beauty College

Course Catalogue



Start your Aesthetics career today!

Earlscourt Industrial Estate, Beaumont Avenue, Churchtown Dublin 14, D14XR80

www.churchtowninstitute.ie Call 00353 14586603

Contents

About Us

Why Churchtown Institute & Beauty Board & Feedback from Students

Our Partners

Foundation Dermal Fillers

Needle Free Fillers

Ratio Plasma Lift

PRP Vampire Facial

Needling

Mesotherapy

Dermaplane

Microblading

Permanent Makeup

Route to Aesthetics

Level 3 Beauty Therapy Treatments

Level 4 IPL Laser

A1 Assessors Awards



About Us

Established in 2004, Churchtown Institute & Beauty Board is focused on helping our delegates every step of the way in building their aesthetics career. We pride ourselves on ensuring we deliver the best training and treatments in the industry, offering many different courses to ensure you can develop your skills and offer your clients the widest range of treatments possible.

Churchtown Institute & Beauty Board are pioneers in innovation, using the most advanced and up-to-date techniques to deliver the most effective results. Based in the prestigious Dundrum / Churchtown area, we provide Aesthetic Training for non-medics and medics alike. Our learning and development facilities are of the highest standards, which enable our ambitious students to take their first steps in carving a successful career within the aesthetic industry.

Getting Here

By Luas: We are approximately a ten-minute walk from Dundrum stop, on the Green line (St. Stephen's **Green** to Brides Glen).

By bus: The number 14 bus stops outside our industrial estate on Beaumont Avenue approximately every 17 mins travelling to and from Dublin City Centre

By motorway: If you are travelling to us on the M50, exit at junction 13 take the R826 exit to Sandyford/Dundrum. At the first roundabout take the 2nd exit. At the second roundabout take the 2nd exit. At third the roundabout take the 1st exit onto R826. At the 4th roundabout, take the 1st exit onto Barton Rd East. At the first set of traffic lights turn right onto Beaumont Ave. You will drive over 4 speed ramps where you will see a sign for Churchtown Business Park and Churchtown Industrial East on your left, take this turn. After 100 yards we are the bungalow on the right hand side. We are conveniently located on the ground floor. The sign reads Career Makers Group, CIBHT, Beauty Board. Please note that there is free parking for all visitors.

Why Churchtown Institute & Beauty Board Feedback from Students



Our award winning team is made up of aestheticians and beauty therapists whom all hold teaching diplomas and assessors awards all working to provide clients and students with the highest levels of training, expertise and clinical standards.

Founders and directors of Churchtown Institute & Beauty Board Tina Newman and Odel Grant have worked closely with manufactures and distributors to harvest the most innovative products and training experiences.

"I would highly recommend Beauty Board to anyone! The training was excellent and all the teachers are so helpful. The owner Odel is an inspiration."

L .Daly

"I had the pleasure of completing my Permanent Makeup Training Beauty Board , which included Microblading and Tattoo Removal. The service and commitment I received was fabulous throughout."

C. Tracey

"Lots of practical. Massive confidence booster! Very comfortable environment. I feel completely reassured and I built my confidence from the start."

C. Dunne



Our Partners

Beauty Board prides itself on setting standards in the aesthetics industry. To do this, we work in partnership with The CPD Certification Service, VTCT International Accreditations, Ecuri Distributions and OBF Insurance to ensure all of our students have further support, are fully insured, qualified in certified courses and have access to a reputable source of aesthetic supplies.



Foundation Dermal Fillers in Conjunction with Cosmetic Couture UK

By undertaking Foundation Dermal Fillers you are taking your first steps into the Aesthetics Industry. This course covers all of your theoretical knowledge regarding hyaluronic acids (dermal fillers), first aid training and how to handle situations when treatments go wrong. Our Foundation course focuses on treatments of the lower face. You will learn how to perform the increasingly popular lip enhancement treatments, fill nose-to-mouth lines (nasolabial folds) and erase smile lines.

- First Aid
- Skin preparation and surface cleaning
- Risks from blood-borne diseases (HIV, Hepatitis B, Hepatitis C etc)
- Needlestick injuries - Industry guidelines (HEE)
- Client consultation and aftercare
- Insurance policies
- Hygiene sharps disposal and legal aspects
- Product knowledge
- Reporting accidents
- Client consultation
- Managing expectations
- Injection techniques
- Live models

Price

€4000

Duration

2 Days Practical

Pre-requisites

NVQ Level 3 Beauty therapy,
or equivalent / Relevant Medical
Qualification

Pre-Study

35 hours

Including

First Aid

Treatments

Lips / Nasolabial Folds / Smile lines

Accreditation



Needle Free Fillers

This course teaches you all you need to know to become a professional Hyaluron pen user. The Hyaluron pen is a simplistic, robust and reliable tool for administering non-permanent fillers into the upper layers of the dermis and epidermis.

The pen has three main applications:

Removal of wrinkles around the lips

Enhancing of lip volume

Correcting lip contour

The pen has no needles but uses air flow to burst nanoscale molecules directly through the skin and into the dermis. It is safe, comfortable and pain-free and achieves an instant and significant cosmetic effect.

What you will learn:

- Understanding facial skin anatomy
- Hyaluronic acid, Fillers – varieties and effects
- Pen practice – preparation, loading, adjusting amounts, Injection techniques
- Client consultation, Managing expectations and aftercare
- Skin preparation and surface cleaning
- Hygiene
- Practical use with models including model feedback

Price

€1999

Duration

1 Days Practical

Pre-requisites

Beauty Level 3 or Higher

Pre-Study

35 hours

Including

Kit

Treatments

Lips / Nasal Folds / Smile line's

Accreditation



Ratio Plasma Lift (Fibroblast)

Ratio Plasma Lift is a revolutionary face-lift procedure that requires no surgery it tightens and lifts the skin with instant results, with little recovery time. It is a non-surgical non-invasive treatment that can shrink excess skin, bag, tattoos, stretch marks, and wrinkles.

Theoretical Components:

- How it works
- Treatment areas
- Skin structure
- Fibroblasts
- Ratio Plasma
- Client suitability
- Side effects
- Machine knowledge
- Follow up treatments and aftercare

Practical Components:

- Client consultation
- Hygiene, sharps disposal
- Managing expectations
- Lift and Pattern techniques
- Live models

Price

€3000

Duration

1 Days Practical

Pre-requisites

NVQ Level 3 Beauty therapy,
or equivalent /Relevant Medical
Qualification

Pre-Study

VLE

Including

Device & Kit

Treatments

Over 25 treatment areas

Accreditation



Ratio Plasma Lift - Advanced

If you are already trained in Plasma but didn't learn enough to be able to provide all the treatments that the machines are capable of, then we can train you the advanced course.

Practical Components:

- Stretch Marks and scarring rejuvenation
- Tattoo Removal
- Nose Correction
- Ear Correction
- Lip Lift
- Loose Skin reduction on body
- Pigmentation
- Acne scarring
- Active Acne
- Breast Lift

Price

€599

Duration

1 Days Practical

Pre-requisites

Plasma / Fibroblast Basic
Qualification

Pre-Study

N/A

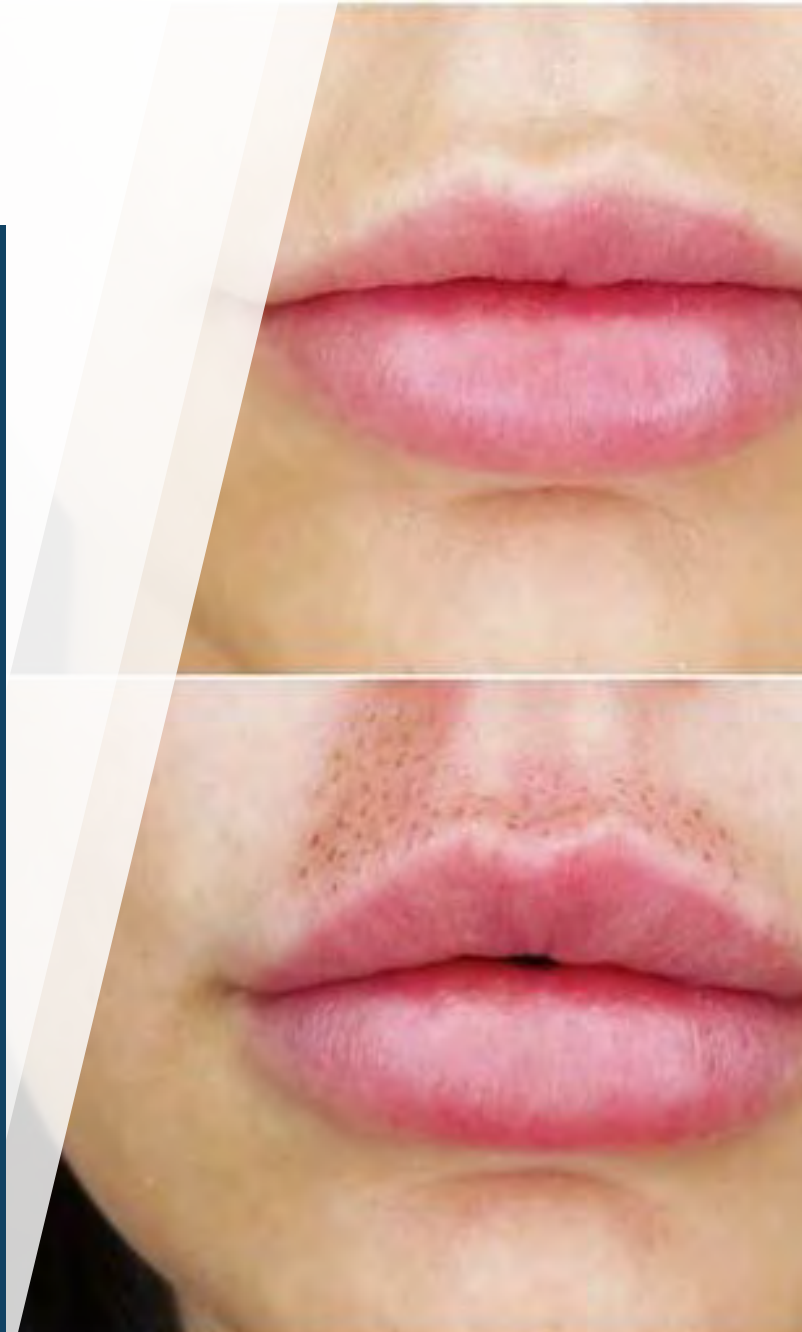
Including

N/A

Treatments

Advanced

Accreditation



PRP

PRP (Platelet-rich plasma) is used in many medical settings but has only recently been used in aesthetic treatments. PRP is extracted from the client's own blood by being spun in a centrifuge and are then injected into the face. PRP injections are a natural way to treat wrinkles, increase volume to the face and rejuvenate the skin by using the body's own product. It is also effective for dark circles under the eye and the reduction of fine lines.

Theoretical Components:

- How PRP works
- Treatment areas
- Client suitability
- Equipment use
- Stock list - Aftercare
- Consent forms
- Pricing structures
- Treatment plan

Practical Components:

- Client consultation
- Health and safety and hygiene
- Managing expectations
- Injection techniques
- Live models

Price

€1900

Duration

2 Days Practical

Pre-requisites

Beauty Diploma Level 3,
or equivalent /Relevant Medical
Qualification

Pre-Study

N/A

Including

N/A

Treatments

Lips / Nasal Folds / Smile line's

Additional Machine is needed for this treatment , please contact our team for more information



Needling

Microneedling is the next big thing to hit aesthetics. A treatment that is carried out by the piercing of the skin in many areas, by a device known as a derma roller or derma stamp. Making tiny piercings to the skin causes trauma to the face and encourages cell regrowth and stimulates new collagen deposition. This treatment causes little to no bruising and can do wonders for sunken areas of the skin, fine lines, discoloration and general rejuvenation of the skin. Digital Needling is also available for Ecuri Cosmetic Customers

Theoretical and Practical Components:

- Skin Anatomy
- Treatment Indications
- Contraindications
- Treatment Techniques
- Protocols
- Practical
- Live Models
- Introduction to Mesoskinline
- Aftercare
- Combination Treatments and Treatment Plans

Price

€600

Duration

1 Days Practical

Pre-requisites

Beauty Diploma Level 3,
or equivalent / Relevant Medical
Qualification

Pre-Study

N/A

Including

N/A

Accreditation



Mesotherapy with MesoSkinline

Do you want to offer your clients more than just a classic facial, where you create clear and long-lasting anti-ageing results without surgical intervention or laser treatment? The non-invasive mesotherapy treatment is undoubtedly one of the most sought beauty treatments in the world. Non-invasive mesotherapy is performed using special meso and microneedling modules, which insert small doses of anti-ageing solutions into the area of skin that the client wants to improve in terms of colour, resilience etc.

Theoretical and Practical Components:

What you learn on the course:

- What is traditional mesotherapy?
- Why the non-invasive method?
- What is non-invasive mesotherapy?
- The benefits of non-invasive mesotherapy
- Course of treatment
- Equipment and products for non-invasive mesotherapy
- Treatment method
- Step-by-step treatment to achieve the highest efficiency

Price's from

€2,499*

Duration

1 Days Practical

Pre-requisites

Beauty Diploma Level 3,
or equivalent / Relevant Medical
Qualification

Pre-Study

N/A

Including

MesoSkinline treatment cocktails for 60
treatments.

Accreditation

Mesoskinline Diploma

*Please note a Meso Device is required
Additional costs may apply if purchasing
extra equipment



Dermaplaning

Dermaplaing is a facial treatment that involves the regulated movement of a steel, scalpel blade at a 45- degree angle across the face. This results in the removal of the very top layer of skin, any vellus hair and the 'peach fuzz' that sits on top of the skin. It leaves clients with baby-smooth, hair-free, glowing skin that lasts for up to 4 weeks.

Theoretical Components:

- How dermaplaning works
- Health and safety
- Sharps disposal
- Treatment areas
- Client suitability
- Equipment use
- Stock list
- Aftercare
- Consent forms
- Pricing structures

Practical Components:

- Client consultation
- Hygiene, sharps disposal
- Managing expectations
- Treatment techniques
- Live models

Price

€499

Duration

1 Days Practical

Pre-requisites

NVQ Level 3 Beauty therapy,
or equivalent /Relevant Medical
Qualification

Pre-Study

VLE

Including

N/A

Treatments

Dermaplane

Accreditation



Microblading

Our 2 days beginners course is our classic course format consisting of a theoretical and practical part. It's has been structured from start to finish with you in mind, to assure that when you complete your training, you will leave with the specialist skills that guarantee you will feel confident to perform microblading procedure, reassured in your choice of academy and with a qualification that is renowned and acknowledged by your future clients.

Theoretical Components:

- Theory of Microblading
- Symmetry & Technique
- Using Ecuri Brows Pigments
- Skin tones
- Anatomy & Physiology
- Preparation
- Contraindications
- Communicating with the client
- Aftercare

Practical Components:

- Client consultation
- Working on Latex
- Home Practice
- Live models
- Case studies

Price

€1800

Duration

2 Days Practical

Pre-requisites

NVQ Level 3 Beauty therapy,
or equivalent /Relevant Medical
Qualification

Pre-Study

VLE Online Training

Including

Kit

Treatments

Brows

Accreditation



Permanent Makeup

Permanent make up is the fastest growing specialisation in the beauty industry. . Ecuri Cosmetics has been at the forefront of the micro-pigmentation industry since 1984 creating and developing new the newest techniques. A guarantee for your success!

A permanent make up treatment lasts about as long as a normal facial treatment, but your earnings are considerably higher. You earn back your investment in training, equipment and products within only a few clients. High profits and low costs make you financially independent!

Career Starter: After completing this career starter course you will gain comprehensive experience, knowledge and skills working with your training on an individualised basis .Get you Career started a permanent make-up artist now.

Choose from 3 or 5 Days Starter Package (Speak to a member of our team)

Complete business package

- Eyebrow training
- Eyeliner training
- Lip liner training
- Master class
- Work on Live Models
- Machine
- Kits
- Online Training
- Mentor Support

Price's From

€3000

Duration

3 / 5 Days Practical

Pre-requisites

NVQ Level 3 Beauty therapy,
or equivalent /Relevant Medical
Qualification

Pre-Study

VLE Online Training

Including

Kit and Device

Treatments

Brows, Eyeliner, Lips, Tattoo Removal

Accreditation

Ecuri Cosmetics Diploma



Ombre Brows

Ombre and shaded brows are the latest treatments that are trending in the beauty industry at the moment, here's your opportunity to take your skills to the next level and give your clients an even wider choice of design for their eyebrows. This is an advanced 1-day machine shading, Ombre course, available for qualified artists, students that have trained at other academies are welcome

Course Components:

- PowerPoint presentation of Ombre Brows technique
- Introduction to a variety of techniques
- Practice on practice skin
- Pigments and Pigment Dilution
- Lunch
- Break / Preparation of models
- Live model work by students
- Q&A and Certifications

Price

€800

Duration

1 Days Practical

Pre-requisites

Beauty therapy,
or equivalent /Permanent Makeup
Training

Pre-Study

VLE Online Training

Including

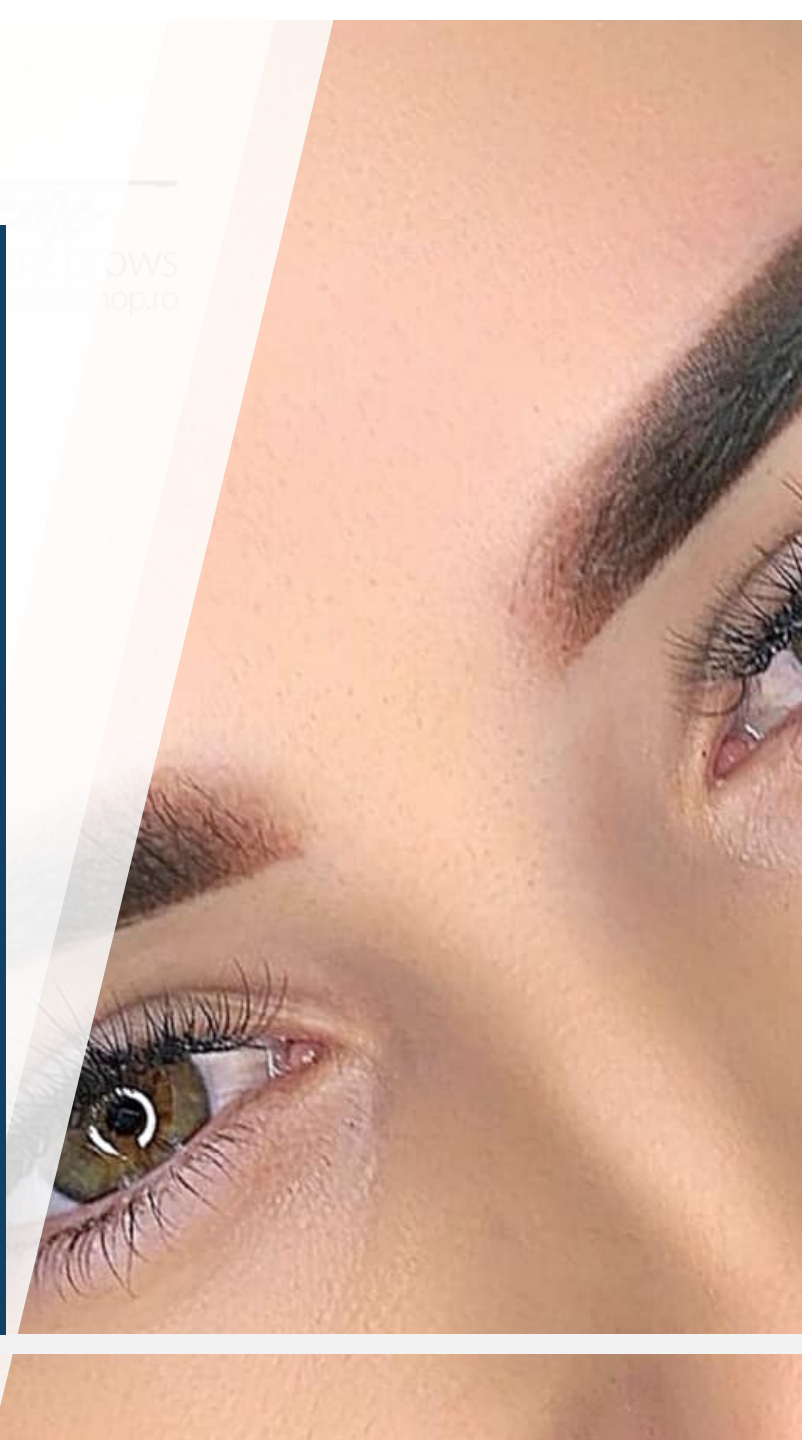
N/A

Treatments

Brows

Accreditation

Ecuri Certificate



Route to Aesthetics

Dermaplaing is a facial treatment that involves the regulated movement of a steel, scalpel blade at a 45- degree angle across the face. This results in the removal of the very top layer of skin, any vellus hair and the 'peach fuzz' that sits on top of the skin. It leaves clients with baby-smooth, hair-free, glowing skin that lasts for up to 4 weeks.

Theoretical Components:

- How dermaplaning works
- Health and safety
- Sharps disposal
- Treatment areas
- Client suitability
- Equipment use
- Stock list
- Aftercare
- Consent forms
- Pricing structures

Practical Components:

- Client consultation
- Hygiene, sharps disposal
- Managing expectations
- Treatment techniques
- Live models

Price

€1800

Duration

1 Days Practical

Pre-requisites

NVQ Level 3 Beauty therapy,
or equivalent /Relevant Medical
Qualification

Pre-Study

VLE Online Training

Including

N/A

Treatments

Brows

Accreditation



L4 IPL Laser

IPL Laser (Intense Pulsed Light) is a method of long term hair removal. The light energy is absorbed by areas of high pigment, such as hairs, which causes heat to the area and therefore damage to the hair at the root. This treatment is commonly used on the face, legs and underarms.

Theoretical Components:

- How IPL works
- Treatment areas
- Advantages of treatments
- Risks and side effects
- Client suitability
- Laser techniques
- Insertion patterns
- Planes of facial muscles
- Aftercare

Practical Components:

- Client consultation
- Hygiene, health and safety
- Managing expectations
- Treatment techniques
- Live models

Price

€1800

Duration

1 Days Practical

Pre-requisites

NVQ Level 3 Beauty therapy,
or equivalent /Relevant Medical
Qualification

Pre-Study

VLE Online Training

Including

N/A

Treatments

Brows

Accreditation





FlexFi Finance

Flexi-Fi is Ireland's latest way to pay!

Beauty Board has teamed up with FlexiFi, allowing you to Earn while you Learn! To apply for Flexi Fi go to www.BeautyBoard.ie or Call 01 4586603

Flexi-Fi is a retail instalment payment plan facility, an easy alternative to paying with cash or credit card for your goods. Whether it's a new couch, bicycle, dining table, hot tub, kitchen, motorcycle or TV, Flexi-Fi is there to make finance simple! Flexi-Fi allows you to buy now and pay later using your Flexi-Fi approval.

It's all about you – you're in total control. You select the goods; You select the amount; You select the plan; You have full access to your Flexi-Fi account via your very own self-serve portal. You can even pay out your purchase early without any additional fees or charges. Like we said, it's all about you!

Flexi-Fi like to know their customers so to apply, you complete a simple, quick and easy online application form on your mobile phone or mobile device. Apply from home, at the office or in-store – it's your choice. Please make sure that you are **NOT** using **Internet Explorer** when applying.

